

**St. Stephen United Methodist Church  
2520 Oates Drive, Mesquite  
Presents**

**Sound Connections with  
Matthew Kline**

**Sponsored by Fuller, Spirit, Body, Mind LLC  
Yoga with Jacob (Jay) Fuller  
November 3<sup>rd</sup>, 2018  
2:00pm**



**Sound Connections**

**is a unique and wonderful experience, combining yoga restorative asana, community building, toning and sound bath. Sounds produced by singing bowls, the voice and other instruments become tools for weaving fabric of community. Matthew guides participants through asana while using his experience as a professional musician, yoga**

**instructor and sound healer to create an immersive  
soundscape that is deeply relaxing, connective and a  
sonic delight.**